

SAMPLE LIST OF VOLUNTEER OPPORTUNITIES IN NORTH BAY & AREA

Agriculture / Gardens

The Gathering Place Community Garden

The community garden is a green space which fosters a sense of connection between community residence while promoting a sustainable environment. High school students who are working to complete 40 hours of community service are welcome.

Phone: 705-474-7687

<http://www.thegatheringplacenorthbay.ca/programs/the-garden>

Animals

North Bay and District Humane Society

Would you like to volunteer your time to walk dogs, groom pets, and socialize lonely animals? Do you enjoy organizing and participating in fundraising events? If so, consider becoming a Humane Society volunteer.

Please note: All volunteers must be 16 years of age or older. Anyone who wishes to volunteer, and is between the ages of 16-18 must provide written consent and a guardian signature. Anyone younger than 16 must be accompanied by an adult.

Phone: 705-474-1251

<http://www.northbayhumanesociety.ca/get-involved/volunteer/>

Children

Big Brothers, Big Sisters

To learn more about our programs or how to become a Mentor, please visit our website at www.bigbrothersbigsistersnorthbay.org

Phone: 705-474-3041

Girl Guides of Canada

Your time, your life, your volunteer experience. Share your skills, your talents and yourself as a Girl Guide volunteer contact them today.

<https://www.girlguides.ca>

Kids Help Phone

Kids Help Phone is Canada's only 24/7 e-mental health service offering free, confidential support to young people in English and French.

<https://kidshelpphone.ca>

One Kid's Place

If you would like more information about volunteer opportunities, please contact: Ashley Brookes Volunteer Coordinator at 705-476-5437 ext. 3819 or by e-mail

at AshleyB@onekidsplace.ca <https://www.onekidsplace.ca>

YMCA

Volunteers are essential to the success of the North Bay Family YMCA and are key to fulfilling our mission of building strong kids, strong families and strong communities. By giving your time with the YMCA to benefit others, you have the opportunity to build new relationships, learn and grow while having fun.

If you are interested in volunteering at the YMCA please contact us 705-497-9622

<https://www.ymcaneo.ca/get-involved-volunteer>

Health Services

North Bay Regional Health Centre

If you are interested in becoming part of our dynamic volunteer team, we would love to hear from you!

We have opportunities available at both our North Bay (district hospital and regional mental health) and Sudbury (regional mental health) sites. Please indicate your preferred location on your application.

Please call 705-474-8600 ext. 3131 or email volengdept@nbrhc.on.ca for any inquiries.

<http://www.nbrhc.on.ca/join-our-team/volunteers/>

Literacy

Literacy Nipissing

There are a variety of positions available from time to time that you may be able to help with. Please consider getting involved. Call 705-494-9416 or email litnip@bellnet.ca

<http://literacynipissing.ca/volunteers/>

Frontier College

For more information or to volunteer with Frontier College in North Bay, call 705-471-3474 or email

northbay@frontiercollege.ca and <https://www.frontiercollege.ca/Get-Involved/Volunteer>

Media/Broadcasting

TV Cogeco

As a TV Cogeco volunteer you could expect opportunities as a camera person, audio, producer, instant replay operator and much more in both live and live to tape environments.

Call 705-472-9868 x233 or email joey.roussy@cogeco.com for more information.

<https://yourtv.tv/contact-us>

Mental Health Services

Community Living North Bay

Volunteers are important to us. We appreciate the time they give, their skills, and their commitment. Most importantly, they provide an important link with the community. All you need is a desire to get involved and a desire to make a difference. Call 705-476-3288 or email info@communitylivingnorthbay.org for more information. <https://communitylivingnorthbay.org/get-involved/volunteer>

L'Arche North Bay

Helping people with and without intellectual disabilities.
Call 705-474-0081

Paddle Program North Bay

Show your support by volunteering with the PADDLE Program.
Call 705-493-2401, or email: info@paddlenorthbay.ca
<http://paddlenorthbay.ca/site/charitable-giving/>

Stepping Stones Services North Bay

Stepping Stones Services is a nonprofit organization, which works to provide information, support and employment opportunities to mental health consumers.
Phone: 705-498-7964
<https://steppingstonesservices.wordpress.com>

Music

North Bay Symphony Orchestra

Check out the various links inside for our concert season and other symphony events including our many volunteer opportunities.
Phone: 705-494-7744
<http://www.northbaysymphony.org/>

Nutrition

The Gathering Place

Offering experience and expertise in many ways, volunteers are the heart and soul of the Gathering Place.
Phone: 705-474-7687
<https://www.thegatheringplacenorthbay.ca/get-involved>

North Bay Food Bank

The North Bay Food Bank depends greatly on the support of volunteers to compile and distribute the food donations.
Phone: 705-495-3290
<https://www.northbayfoodbank.ca/volunteer/>

Recreation

Capitol Centre

The Capitol Centre's goal is to bring people and the community together through the world of arts. As a volunteer, your job is to ensure the safety and security of our patrons and to act as tactful ambassadors of goodwill to the public attending performances. You are a vital component of this goal, as you are the public face of the organization and an essential part of the team. Please call 705-474 -4747 for any inquiries.

<http://www.capitolcentre.org/become-a-volunteer>

City of North Bay

Volunteering is a great way to give back to your community. There are many volunteer opportunities to get involved with the City of North Bay all year round. Contact Arts, Culture, Recreation and Leisure Services to find out how you can make a difference.

Phone: 705-474-0400 ext. 2329

<https://www.northbay.ca/our-community/festivals-events/volunteer/>

Seniors

Chartwell – Barclay House

We are looking for volunteers to assist with activities on a weekly or monthly basis. If you are looking for volunteer hours or looking to help out, please contact 705-476-6585

<https://barclayhouse.ca/>

Waters Edge Care Community

Your volunteer contribution will touch the lives of the residents and will enhance their quality of life.

Phone: 705-476-2602

Cassellholme

Volunteers significantly enhance the quality of life, community spirit, and leisure time opportunities at Cassellholme.

Call the Volunteer Services department at 705-474-4250 ext. 223

<https://www.cassellholme.ca/get-involved/volunteer/>

Marina Point Village

We are always looking for extra help. Maybe you want to run a workshop, perform for a live audience, or just be a friend to someone. Whatever your idea is, we'd be glad to talk to you about it.

Phone: 705.474.9494, ext. 802

Support Services

Aids Committee of North Bay

Phone: 705-497-3560 ext. 205 for more information

<https://aidsnorthbay.ca/volunteer/>

Alzheimer Society of Canada – North Bay

The Alzheimer Society of North Bay and District is always looking for volunteers to help.

Phone 705-495-4342

<https://alzheimer.ca/sudburymanitoulin/en/take-action/volunteer>

Canadian Cancer Society – North Bay

Phone: 705-472-9072

<http://www.cancer.ca/en/get-involved/volunteering/application-form/?region=on>

Near North Palliative Care Network

If you are interested, or require additional information, please contact our North Bay office 705-497-9239.

<http://nnpcn.com/volunteercorner/>

Victorian Order of Nurses (VON)

We will match your interests and availability to a volunteer role that's right for you.

Phone: 705-472-8050

Meals on Wheels: 705-472-0904 ext. 38224

<https://von.ca/en/volunteer>

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